



# MANISHA PANDEY

mangokudi@gmail.com | +91-9582675009

A person of absolute integrity with entrepreneurial and managerial experience, and formal training in psychological

## EDUCATION

### M.A. (Clinical Psychology)

School of Social Sciences  
Indira Gandhi National Open  
University, Delhi

### B.A. (Hons.) (Applied Psychology)

Sri Aurobindo College, Delhi (Delhi  
University)

### Schooling Upto 12th

Delhi Govt. Sr. Sec. School, Delhi

## SKILLS & KNOWLEDGE

- Excellent communicator
- People's person
- Good at counselling
- Use of Right to Information
- Managerial skills
- Multitasker

## HOBBIES

- Mad about dancing
- Avid traveller
- Hiking & Trekking

## CAREER OBJECTIVE

Keen on building a career in psychology in which I get to counsel and help people in adverse situations.

## EXPERIENCE AND INTERNSHIPS

10/2023

FREELANCER

### RESPONSIBILITIES

1. Intelligence assessment of children
2. Counselling for Parents
3. Workshops with parents
4. Parenting and emotional attachment of Parent with children

4/2023

AUTOTISEMENT ADTECH PVT. LTD.

Counsellor & Trainer

### RESPONSIBILITIES

5. Working as the head of Engagement for the drivers.
6. Identifying gaps and awareness needs in an individual driver's family.
7. Leading a team of Counsellors to impart training on one-to-one basis.
8. Devising CSR strategies.
9. Coordinating with other companies for soft skill training of drivers.

07/2023

CALM N CARE

Position: Counsellor

### RESPONSIBILITIES

1. Counselling, therapies and guidance about mental health.
2. Counselling and therapies in groups, families or one-to-one basis.
3. Training the trainers in mental health and mental well-being.
4. Planning, strategizing and managing a successful business.

07/2022 to 06/2023

3DI TECHNOLOGIES PVT. LTD.

Position: Manager of operations, Mental health counsellor

### RESPONSIBILITIES

1. Involvement in finalizing the questionnaires and other documents.
2. Taking escalated counselling sessions over the phone.
3. Manage call centre software.
4. Social media posts and some blog posts on mental health.

**10/2020 to 06/2022 YAANAM INFOTECH PVT. LTD.**

**Position: Co-founder, Strategist & Driver Relationship**

**RESPONSIBILITIES**

1. Involvement in finalising app features.
2. Bringing drivers and unions on board and interacting with them.
3. Building strategy around relevant issues to maximise output.
4. Finalizing and uploading text-based content every night.

**07/2018 to 09/2020 GULMOHAR FABRICS**

**Position: Merchandiser**

**RESPONSIBILITIES**

End to end responsibility for production of selected collections and their online sales at e-commerce marketplaces such as Amazon, Flipkart, Myntra, Ajio etc. The job included coordination with sampling, designing and manufacturing staff, inventory management, and taking decisions on the basis of Google Analytics.

**8/2015 to 07/2018 MAGIC SEWA PVT. LTD.**

**Position: Head – Driver Relationship**

**RESPONSIBILITIES**

1. On boarding drivers for the app-based cab service.
2. Helping them buy vehicle along with finance.
3. Verifying driver credentials through police report and home visit.
4. Ensuring their training gaps are removed.  
Counselling drivers and helping them move upward in life.

**09/2012 to 07/2015 NYAYABHOOMI (NGO)**

**Position: Program Officer cum Counsellor (Driver Relationship)**

**RESPONSIBILITIES**

1. Enrolling drivers as members for the NGO which worked like a union.
2. Listening to drivers and resolving their issues through RTI applications, legal cases and raising grievances with the authorities.
3. Counselling of drivers' children for further Education and Career.
4. Counselling of drivers on digital and financial literacy.
5. Understanding their family issues through home visits.
6. Providing training to their womenfolk.
7. Soft skills training to drivers and sensitizing them.

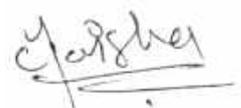
**11/2011 to 01/2022 – LADY HARDINGE MEDICAL COLLEGE – INTERNSHIP (CLINICAL PSYCHOLOGY)**

Here, I got to interact with, counsel and otherwise help the victims of various kinds of abuses and persons suffering from depression and other mental ailments.

I hereby declare that the aforesaid information is true to the best of my knowledge as on the date shown below.

Place: New Delhi

Date: \_\_\_\_\_



Manisha Pandey

# दिल्ली विश्वविद्यालय



## UNIVERSITY OF DELHI

प्रमाणित किया जाता है कि सन् 2014 में परीक्षा के उपरांत कला-स्नातक (विज्ञ पाठ्यक्रम) की उपाधि के योग्य सिद्ध होने पर

**'मनीषा कुमारी' 'प्रमोद पाण्डेय'**

को 2015 के दीक्षांत-समारोह में उक्त उपाधि प्रदान की गई।

विषय: अनुप्रयुक्त मनोविज्ञान

श्रेणी: द्वितीय

*This is to certify that having been examined in 2014 and found qualified for the degree of Bachelor of Arts (Honours Course)*

*'Manisha Kumari' 'Pranod Pandey'*

*was admitted to the said degree at the Convocation held in 2015*

*Subject: Applied Psychology*

*Division: Second*



*J. Das*

कुलसचिव

दिल्ली विश्वविद्यालय

Registrar

University of Delhi

दिल्ली, दिनांक 30 मई, 2015

Delhi, Dated the 30th May, 2015

*D.A.S.A.*

कुलपति

दिल्ली विश्वविद्यालय

Vice Chancellor

University of Delhi

नामांकन संख्या

Enrol. No. AME-326/11



अनुक्रमांक

Roll No. 11077205020

सं. IG36-149433

No.

अनुक्रमांक 194579773

Enrolment No.

इन्दिरा गांधी राष्ट्रीय मुक्त विश्वविद्यालय  
INDIRA GANDHI NATIONAL OPEN UNIVERSITY

प्रमाणित किया जाता है कि *Manisha Kumari*  
This is to certify that

को निर्धारित पाठ्यक्रमों को पूरा करने और  
after having passed the prescribed courses of study in the

December 2021

की परीक्षा उत्तीर्ण करने पर स्नातकोत्तर उपाधि  
examination is hereby awarded the Degree of

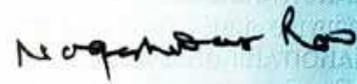
*Master of Arts in Psychology*

प्रदान की जाती हैं।

श्रेणी / Division *Second*



कुलसचिव  
Registrar



कुलपति  
Vice Chancellor

नई दिल्ली / New Delhi

दिनांक / Dated November 15, 2022

क्रमांक संख्या  
Serial No. M 36 57687

  
जांचकर्ता के हस्ताक्षर  
Checked By

भारत सरकार  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय  
स्वास्थ्य सेवा महानिदेशालय



GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DIRECTORATE GENERAL OF HEALTH SERVICES

लेडी हार्डिंग मेडिकल कॉलेज  
एवं श्रीमती सुचेता कृपलानी अस्पताल  
नई दिल्ली-110001

LADY HARDINGE MEDICAL COLLEGE  
& SMT. SUCHETA KRIPALANI HOSPITAL  
NEW DELHI-110001

No.B/Short-Term-Training/2022/28

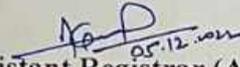
Dated: 05.12.2022

**EXPERIENCE CERTIFICATE**

This is to certify that **Ms. Manisha Kumari**, student of IGNOU University, New Delhi, granted permission for Short-Term-Training in the department of **Psychiatry** for a period of 02 months from 12<sup>th</sup> November 2021 to 11<sup>th</sup> January 2022.

She has satisfactorily completed her training.

This issue with the approval of director.

  
05.12.2022  
**Assistant Registrar (Academic)**  
सहायक कुलपति (शैक्षणिक) / Assistant Registrar (Academic)  
लेडी हार्डिंग मेडिकल कॉलेज एवं  
श्रीमती सुचेता कृपलानी अस्पताल, नई दिल्ली-110001  
Lady Hardinge Medical College &  
Smt. Sucheta Kriplani Hospital, New Delhi-110001

# Certificate

This is to certify that  
**Manisha Pandey**  
has successfully cleared the assessment for the role of  
**Music Therapist (MES/Q1504)**  
conforming to National Skills Qualifications Framework Level - 5

Issued by .....

Institution Name .....

Signature .....



**Ramesh Sippy**  
Chairperson  
Media & Entertainment Skills Council

Date of Issuance 11/10/2023  
System Identification Number  
NON-PMKVY2023-2024/TP013609/TC210219/B2310274/CAN\_25917517



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