

ARTANA NARENDHAR

Counselling Psychologist

Female, 23 years



+91 8920462338



artana24012002@gmail.com



New Delhi - 110045



linkedin.com/in/artana-narendhar-59367624b

PROFILE

Compassionate counselling psychologist with a master's in clinical & counselling specialization with proven internship experience, skilled in conducting psychological assessments and implementing evidence-based interventions for students and mental health patients. I excel in effective communication, problem-solving, and building empathetic client relationships to support well-being. Equipped to deliver informed care and advance the field through rigorous study and application as well.

EDUCATION

DPS DWARKA, CBSE, JULY 2018
SSLC - 82%

DPS DWARKA, CBSE, JULY 2020
HSC - 80%

SPMC, DELHI UNIVERSITY
BA PHILOSOPHY HONS, 2023
CGPA: 6.9 (1ST DIVISION)

IGNOU
BA PSYCHOLOGY HONS, 2023
COMPLETED

JCC, JAGANNATH UNIVERSITY
MA PSYCHOLOGY, 2025
COMPLETED

JAMIA MILIA ISLAMIA
PGDGC, 2026

SKILLS

- Clinical and Counselling Skills
- Communication and Interpersonal Abilities
- Research and Analytical Skills
- Organizational and Leadership Skills
- Technical Proficiency
- Educational Leadership
- Curriculum Design

LANGUAGES

English & Hindi
(professional-level proficiency)

WORK EXPERIENCE & ROLES

● Fortis Healthcare Limited (Dept. of Mental Health & Behavioral Sciences)

Intern (Jun 2021 - Jul 2021)

Completed a one-month internship in clinical psychology & school psychology under Fortis Healthcare Limited (Department of Mental Health and Behavioral Sciences).

● Svadhayaya Clinic

Clinical psychiatry intern (Jul 2023 - Aug 2023)

Successfully established a rapport in client assessment. Worked as a clinical psychiatry intern in Svadhayaya Clinic for a period of one month.

● Brain Behaviour Research Foundation of India

Clinical Psychology Intern (Aug 2024 - Sep 2024)

Utilized psycho-diagnostic assessments or psychometric methods to facilitate treatments. Used various therapeutic techniques, including cognitive-behavioral and psychodynamic approaches. Analyzed data from psychological tests to provide diagnoses or recommendations for further evaluation.

● Alzheimer's & Related Disorders of India

Social Media Intern (Sep 2022 - Oct 2022)

Worked as an intern in supervising the official social media handle of Alzheimer's & Related Disorders of India.

● Girl Up Aurum

Annual content writer (Mar 2022 - Apr 2022)

An initiative under the UN Foundation to advance girls' skills. Served as annual content writer in Girl Up Aurum (an initiative under UN Foundation to advance girls' skills). An initiative under UN foundation to advance girls' skills

● SPMC, DU - Social Media Member

● Various school events and competitions - Project Head and Creative Head

CERTIFICATIONS

- Internship at Fortis Hospital in Clinical and School Psychology
- Digital Internship, Alzheimer's Disease International, World Alzheimer's Month
- Internship, Svadhayaya Brain & Soul Care Centre, Clinical Psychiatry, one month
- Clinical Psychology Internship, Brain Behaviour Research Foundation of India, one month
- Professional content writer Knack Adour, one-month training workshop
- Content Writer, Girl Up Aurum

OBJECTIVE

Seeking a role that supports professional and personal growth through my expertise in clinical psychology and teaching. Skilled in communication, leadership, and project management, with strong computer literacy. Proficient in mental state exams, counseling, research, data analysis, and applying psychological theories. Experienced in report writing, patient education, and delivering psychological concepts in academic settings.