

# Harshita Srivastava

Passionate and skilled career counsellor with 2+ years of experience providing personalized guidance to school students. Committed to fostering growth and well-being through counseling, workshops, and mentorship.

## CONTACT

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[New Delhi](#)

## LANGUAGES

- English
- Hindi

## SKILLS

- Well-Being Counselling
- Career Counselling
- Communication
- Time Management
- Organization Skills
- Interpersonal Skills
- Easily Adaptable
- Leadership

## CERTIFICATIONS

### Certified Career Counsellor cum Career Coach

ISCHS- International School of Counselling and Holistic Studies

Issued Nov 2022

Bengaluru, Karnataka

### Professional Member

International Career Counsellor's Club (ICC Club)

Issued Nov 2022

### Counselling Skills

Psychopedia

Issued Jan 2024

### Child Psychology

NPTEL

## EDUCATIONAL BACKGROUND

### PG Diploma in Guidance and Counselling

Jamia Millia Islamia | 2024 - 2025 (*ongoing*)

### Master of Social Work

UP Rajshri Tandon Open University | 2023 - 2025

Prayagraj, UP

### Master of Arts , Psychology

University of Lucknow | 2021 - 2023

Lucknow, UP

### Bachelor of Arts , Psychology

Isabella Thoburn College | 2018 - 2021

Lucknow, UP

## WORK EXPERIENCE

### Counsellor

Shakti Shalini NGO, Delhi

Contractual | Mar 2025 – April 2025

- Delivered career counselling and well-being support to survivor of various abuse and violence including sexual abuse, child marriage, etc.
- Conducted one-on-one and group sessions focused on emotional resilience, self-confidence, and career planning.

### Career Counsellor

City Montessori School

Contractual | October 2024 - January 2025

- Conducted individual sessions and group sessions for grades 9 - 12 (ICSE and Cambridge Board)
- Organised workshops, collaborated with teachers. Interacted with parents to discuss students' progress.

### Career Counsellor

iDreamCareer

Contractual | Nov 2023 - Oct 2024

- Conducted psychometric assessments and career awareness workshops.
- Conducted career counselling for 260+ children from underprivileged section for subject, course and college selection.

## HOBBIES

- Dancing
- Sketching
- Painting
- Reading

## WORKSHOP/CONFERENCE

### 2024 Fall Counsellor Workshop

**Organizer: CollegeBoard**

August, 2024

- New tools: BigFuture School and Connections to enhance student experience.
- Updates on Advanced Placement for earning college credit.
- Resources for guiding students through college planning and applications.

### EDUVERSE Summit Conference

**New Delhi, 2024**

- Gained insights on global collaboration, knowledge exchange, and innovation in education.
- Explored technology integration and its role in transforming student engagement.
- Engaged in discussions on best practices for academic and career development..

## AWARDS

Recognised as the *Youngest Career Development Professional* under "[The Promising Women Change Makers of the year 2023](#)"

By - **International School of**

**Counselling and Holistic Studies**

March 2023

Certificate of Recognition

Issued by **iDreamCareer**

In recognition of creating a real impact in enabling 'Student success' through the outstanding performance, dedication, and commitment.

February 2024.

### Outreach Executive and Career Advisor

Institute for Career Studies | July 2022 - Oct 2023

- Maintained direct contact with students to guide them on the right career paths.
- Supported students via video and tele-counselling to provide career advice.
- Spearheaded and trained a team of 4 Interns by building enthusiasm and adapting feedback.

### Career Counsellor

Shri Jai Narayan Mishra PG College (KKC)

Internship | Dec 2022 - Jan 2023

- Maintained direct contact with 250+ students to continuously develop action plans for academic success.
- Supported a group of 80 students within the 'Muskurayega India' program.
- Provided group career counselling sessions to UG & PG students.

### Psychology Research and Counselling Intern

Krsh Welfare Foundation | Dec 2022 - Jan 2023

- Researched about symptoms, assessment questionnaire and Success Focused Therapy process.

### Counselling Intern

CHILDLINE INDIA, NGO | Dec 2022 - Jan 2023

- Supported students via tele-counselling to young girls, survivors of various child abuse from different background

### Core Team Member

Isabella Thoburn College Dance Society

Jun 2019 – May 2021

- Secured 3rd place in a national-level dance competition at BHU

## VOLUNTEERING EXPERIENCE

### Claylab Education Foundation – Volunteer Mentor

**July 2024 – Present**

- Provided career guidance and mentorship to underserved student, helping them build essential academic and professional skills.

### HelpAge India – Volunteer

**October 2021 – Present**

- Visited old age home and engaged with elderly residents, providing emotional support and companionship while facilitating discussions on mental health awareness.