

Karishma Sharma

91-9871943457 | krshmsharma7@gmail.com

Psychologist with 5+ years of experience in psychometric assessment, Counselling, behavioural & therapeutic interventions, program management.

Experience

Visiting Faculty, Amity University, Noida

[Aug 2023-Mar 2024]

Private Practitioner [Jan 2022-Present]

- Child and Adolescent Counselling
- Parenting Concerns
- Stress
- Relationship
- Anxiety
- Psycho-Oncology
- Employee Well being

Consultant Counselling Psychologist, Phia (Partnering Hope Into Action Foundation)

[Dec 2021-Present]

- Project – Mental Health with children and adolescent
- Conducted child friendly group counselling sessions.
- Conducted Individual counselling sessions with children, adolescents and their caregivers.
- Documentation of case studies and conclusive suggestions for further advisory.
- Conducted workshops on employee well being.

Psychologist & Research Assistant, CHR-D-SAS (Centre for Health Research and Development, Society for Applied Studies) [Dec 2020- Nov 2021]

- Conducting Psychometric assessments on the clients.
- Project Management.
- Collating and examining data points for research studies.
- Counselling of clients as per their requirements.

Psychologist, Orkids Foundation [Nov 2019 - Jul 2020]

- Documentation of cases on the basis of initial interactions.
- Collating and examining data points of research studies on specific learning disability (SLD).
- Drawing definitive inferences and conclusive suggestions for further advisory.
- Online teaching classes with psychology students (class 12th).

Psychologist & Program Manager, CanKids KidsCan [Sep 2018 - Jun 2019]

Worked closely on various assignments with AIIMS, RP Centre and Safdarjung Hospital, New Delhi with the patients of Dr Rachna Seth (HOD Pediatric Oncology, AIIMS, New Delhi) and Dr Amitabh Singh (MD Pediatrics, Vardhman Mahavir Medical College & Safdarjung Hospital, New Delhi).

- Psychological screenings of patients diagnosed with blood cancer, retinoblastoma and osteosarcoma. Conducted a series of therapies with care-givers and one-to-one rounds with the patients.
- Constructed multidisciplinary care schemes with advisory from dieticians, doctors, social workers & nurses. Palliative and bereavement Counselling with the patients, as well as the care-givers.

- Substantially contributed in developing child life projects and other specifically-simulated atmospheres within the hospital and medical facilities for young-aged patients majorly in New Delhi and Bikaner.

TGT, Convent of Gagan Bharti [Oct 2015 - Aug 2016]

Taught mathematics up to eighth standard, regularised examinations & evaluations.

Internships

1. **Subject Matter Expert** - Psychology, Evelyn Learning System Pvt Ltd [May - Aug 2018]
2. **PPOP Intern**, CanKids KidsCan [Jun - Sep 2017]
3. **Psychology Intern**, Max Healthcare, Tansen Sangeet Mahavidyalaya, Children of the World NGO

Education

M.A., Applied Psychology (Amity University) [2016-2018]

B.Ed. (GGSIPU) [2014-2015].

B.Sc. (University of Delhi) [2011-2014]

Certifications

Certificate on Palliative Care (Can Support and IRCH, AIIMS) [Nov 2018]

Life Membership of Counsellors Council of India (CRN9234176)

Certification on QPR Suicide Prevention Gatekeeper Program (QPR Institute) [March 2022]

Skills

Observant, empathetic and adaptable.

Optimistic approach towards way of life. Keen on developing others.

Interests

Reading, dancing and exploring new places.