

Lovely Kumari
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Training

Industrial Trainee

June 2024 - July 2024

Alive Healthcare Limited, Baddi, Himachal Pradesh.

- Gained hands-on experience in pharmaceutical manufacturing processes, quality control, regulatory compliance. Developed skills in operating lab equipment, conducting analytical tests, and ensuring adherence to GMP standards.
- Collaborated with cross-functional teams to enhance product development and streamline production workflows. Strengthened problem-solving abilities and attention to detail in a fast-paced industrial setting.

Hospital Trainee

June 2023 - July 2023

Jeevan Rekha Superspeciality Hospital, Jaipur, Rajasthan.

- Acquired hands-on experience in patient care, including monitoring vital signs, and assisting in various medical procedures. developed strong clinical skills, effective communication, and the ability to work in a multidisciplinary team.
- My internship enhanced my understanding of healthcare protocols and patient safety measures, preparing me for a career in a dynamic healthcare environment.

Projects

Review on "Transformative Analytical Approaches in Essential oil Research: A Decade of Methodological Advances". Apr'2025

- Explored and reviewed advanced analytical techniques used over the past decade in essential oil research, highlighting methodological Innovations and their applications

Review Paper on "Modern cultivation Techniques, and Nutritional Properties of Selected Mushroom Species". Apr'2025

- Studied and reviewed cultivation techniques along with the medicinal and nutritional properties of selected mushroom species.

Book Chapter on "Role of copper nano particles in Alzheimer's Disease". Apr'2025

- Explored the therapeutic potential role and mechanism of copper nanoparticles in the management and treatment of Alzheimer's disease.

3D Model Project on "Guidelines for label requirements of Topical applications" Nov'2023

- Summarized various label requirements of specific market formulations according to pharmacopeial guidelines, and applied knowledge of industrial pharmacy, developed marketing skills, enhanced project management skills.

Manual review on the Ayurvedic formulation of "kayam Churna": May'2023

- Understood the Ayurvedic formulation Kayam Churna, including its ingredients, traditional uses, and therapeutic actions, and gained insights about the effectiveness and safety of kayam Churna.

Pharmaceutical Preparation of Ointment: May'2023

- Model making of marketing plan of ointment.
- Designed and formulated an ointment based on specific market needs and target audience.

Certificates

- Market Research Essentials by Xpert learning at Alison May'2025
- Science Spectrum on the occasion of National Science Day Feb'2024
- Foundation course in medical Scribing and coding Feb'2024
- Certificate of Participation in 4th National Pharmacovigilance Week Sep'2024
- 3rd International Conference of Pharmacy Nov'2022
- 3rd International Tishk Pharmaceutical Conference (NTPC) on "Recent Advances in Cancer Therapy (RACT)" Sep'2022

Skills

- **Technical skills:** Clinical Data Management, Medical Coding & Scribing, Clinical trial Documentation.
- **Tools/Machinery:** Dissolution apparatus, Spectrophotometer, Tablet Punching machine, TLC, HPLC.
- **Soft Skills:** Problem-Solving Skills Project Management, Adaptability, Verbal Communication.
- **Additional skills:** MS Word, MS Excel, PowerPoint, Bio render, Canva, EX-pharm.

Co-curricular Activities

- Volunteered **International Conference of Pharmacy.** **Nov'2024**
- Organized **Science Spectrum** (Industrial Tour-Sri Herbasia Biotech, Amritsar). **Feb'2024**
- Volunteered for **World Pharmacist Week in LPU.** **Oct'2023**
- Attended **3rd National Tishk Pharmaceutical Conference (NTPC).** **Apr'2023**
- Volunteered at **International Conference on Recent Advances in Health Sciences in LPU.** **Apr'2023**
- Attended **Internatinal Conference on Feminine Hygiene Management in LPU.** **Nov'2022**

Position of Responsibility

- HR of WAO **Federation; Student Organization.**

Education

Lovely Professional University, Punjab

Bachelor of Pharmacy: CGPA: 7.6

Millia Convent English School

XIth with science- Percentage:72%

Saraswati Vidya Mandir

Xth with Science & math Percentage:70%