



ROZI PSYCHOLOGIST/ COUNSELLOR

Date of Birth – 10/02/1999

Father's name- Lt.Aftab ahmed

Passionate and compassionate Counseling Psychologist with expertise in psychological theories and evidence-based interventions. Eager to contribute my skills and experience to make a positive impact in the field of clinical psychology.

CONTACT

PHONE:

+91 8595871247

ADDRESS:

A164, Kirari Suleman Nagar,
Delhi 110086

EMAIL:

rozinigar10@gmail.com

EDUCATION

Jamia Milia Islamia University

Postgraduate diploma in guidance and counselling
(August 2023-December 2024)

National Institute Of Medical Science (NIMS) UNIVERSITY

Masters of Arts in Psychology (2021-2023)

UNIVERSITY OF DELHI Sri Aurobindo Evening College

Bachelor of Arts (Honours) in Applied Psychology
(2018 –2021)

WORK EXPERIENCE

- Participated in 50 days course of Statistics using SPSS from MY INNER LOG. 18 Jan 2021 – 8 March 2021
- Participated in 1 month course in Clinical Hypnotherapy from IPAC. 9April 2021 – 7 May 2021
- Participated in 3 Day online course on Introduction to Psycho-Oncology from Department of Mental Health and Behavioural Sciences, Fortis Healthcare Limited
28 June 2021- 30 June 2021
- Participated in 15 days of online Clinical Psychology from FORTIS. 1 July 2021 – 15 July 2021
- Participated in a 3 Day online course on Introduction to Rorschach Inkblot Test from Department of Mental Health and Behavioural Sciences, Fortis Healthcare Limited
26 July 2021 – 28 July 2021
- Participated in 1 month observational training in the Department of Psychiatry of Sawai Man Singh Hospital, Jaipur
13 April 2022 – 12 May 2022

- Participated in 1 month internship Psychologist/ Counsellor in Care Well India Trust Niti Aayog (Govt. of India)
3 March 2023 – 3 April 2023
- Participated 3 months internship in the Department of psychiatry of Sir Ganga ram hospital, New Delhi
18 April 2023 to 18 July 2023
- Worked at Counselindia Pvt Ltd Company
16 October 2023 to 9 April 2024
- Worked as a counselling psychologist at Anand Hospital and Rehabilitation Center, Jaipur
July 2024 to November 2024
- Working as a counselling psychologist at WellVichAAr(Online)

Technical Skills

- Psychometric testing
- Psychotherapies (CBT, REBT, JPMR, Hypnotherapy, etc.)
- Taking down case history of clients
- Taking Mental Status Examination
- Interventions
- Writing a research paper
- PowerPoint Presentations

KEY SKILLS

- Proficient in compassionate, empathetic, and solution-oriented healthcare.
- Specializes in providing exceptional care and effective treatment plans for children, adolescents, and adults.
- Skilled in motivating, communicating, and managing diverse personalities.
- Capable of diffusing stressful situations and achieving challenging goals.
- Natural ability to quickly establish rapport and build trust.
- Recognized for fostering strong relationships with co-workers.
- - Possesses strong interpersonal, organizational, and analytical skills.

ACHIEVEMENTS

- EDUCATIONAL SUPPORT VOLUNTEER RANGRUT
(January 2018 –July 2018)
Enabling better outcomes for children in the slum areas of Delhi by providing English classes on weekly basis.
- EDUCATIONAL SUPPORT VOLUNTEER PRAVAH (May 2019-June 2019)

Enabling better outcomes for children in the slum areas of Delhi by providing English classes on weekly bases.

- EDUCATIONAL SUPPORT VOLUNTEER AAGHAZ FOUNDATION
(January 2023- Present)
AAGHAZ can help many more needy students to complete their education and realize their goals and dreams
- Published Research paper on the topic **PSYCHOLOGICAL EFFECT ON SINGLE PARENTHOUSEHOLD ON CHILDREN** published in the journal of the oriental Institute ;ISSN: 0030- 5324
- Published Research paper on the topic of **OUTSTATION STUDENTS EXPERIENCE SEPARATION ANXIETY** published in the journal of DRSR journal ISSN: 2347-7180