



Rashmi Azad

Counsellor

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+91 8700486832

Gurgaon, India

Counselor with 5+ years of experience providing guidance to students aged 12-18 regarding career development, academic achievement and social behavior. Possessing extensive leadership skills, great communication as well as writing skills and significant teamwork abilities.

WORK EXPERIENCE

COUNSELLOR

Holy Child Public School, Haryana

(02/2023- 04/2024)

Achievements/Tasks

- Focused on overall development of students including academics and personal growth.
- Communicate with parents, teachers and administrators to foster student's success.
- Delivered individual & group counseling session and workshops to students parents & teachers.

COUNSELLOR

Jawahar Navodaya Vidyalaya, Rewari

09/2021 - 06/2022,

Jawahar Navodaya Vidyalaya, Mahendragarh

10/2019 - 08/2021,

Haryana

Achievements/Tasks

- Counseled students to help them understand and overcome personal, social or behavior problem affecting their education.
- Identifying the students potentials and work on sharpening their skills and building self-esteem in them.

Research Associate

AVISS Health, Gurugram

03/2019 - 05/2019,

Achievements/Tasks

- Counseling of individual suffering from respiratory disorder
- Assessment of cognitive functioning using psychological tools

EDUCATION

Doctor of Philosophy (Ph.D.) in Psychology

Lapland University

Present

Rovaniemi, Finland

PG Diploma in Counseling and Family Therapy

IGNOU

06/2018 - 07/2019

New Delhi, India

Masters in Applied Psychology

Delhi University

06/2014 - 06/2016

New Delhi, India

B.A. Pass course

Maharshi Dayanand University (MDU)

06/2011 - 06/2014

Haryana, India

10+2

CBSE Board

(02/2016 - 03/2016)

Haryana, India

SKILLS

Communication skills

MS Word

Problem-solving

Good Listener

Decision making

MS Excel

Time management

Client-focused

Results-oriented

Leadership skills

ACHIEVEMENTS

Best poster award in Indian Association of Clinical Psychology

Two articles published in National Journal

Lifetime member of Counsellors Council of India

PERSONAL PROJECTS

Parenting style and its effect on alcohol and tobacco consumption (07/2015 - 06/2016)

Coping mechanisms and quality of work-life of alcoholics

CERTIFICATES

Certificate Course in Computer Education (04/2011 - 03/2012)

Basics of computer, Windows, MS Office, Communicating using Internet, Web Browser, Making small presentation

INTERNSHIP

All India Institute Of Medical Science (AIIMS) Delhi (05/2015 - 07/2015)

Psychology Intern

Resonate Psychological Services (07/2016 - 07/2017)

Psychology Intern