

Tanvi Singh

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Experience



Associate

PW (PhysicsWallah)

Oct 2023 – May 2024

1. Supporting the Emotional Wellbeing of students.
2. One-on-one counseling for cases received from other Academic or Non-Academic Teams.
3. Conducting group sessions for emotional wellness awareness (Class Visits)
4. Timely informing parents on a need basis.
5. Keeping counseling records of all the students visited for sessions.



Counseling Psychology Training Program

PsychThere

Jun 2023 - Aug 2023 (3 months)

1. Engaged in a variety of everyday role plays and case studies to enhance psychological skills.
2. Handled a pseudo-patient, conducting one-hour sessions for three days to conclude the learning.

Performance Letter- Throughout these sessions, she displayed exceptional performance, demonstrating attentiveness to her clients and employing counseling skills effectively.



Researcher

Prasad Psycho Private Limited

Apr 2022 - Aug 2023 (1 year 5 months)

Responsibilities-

1. Converting psychological tests for a Digitalized Assessment Platform.
2. Constructing Psychometric Assessment.
3. Part of the Organizing Committee of an International and National Conference.
4. Planning and Implementing Workshops with the Expertise of Senior Management.

Intern

Sanjivini Society for Mental Health

Dec 2021 - Feb 2022 (3 months)

To learn how Rehabilitation Center works, the type of different activities they involved the patients in for better confidence, engaging in life-related activities, and making it reasonable to put an extra effort into their better livelihood.

Involvement - Every week submission of the assignment of preparing a presentation of topics assigned by the seniors, to maintain a weekly list of works done on the office premises, for the purpose of learning, and managing reports.

Observe the whole music classes, cooking classes, and art classes to engage the clients in a daily timetable.



Intern

Metro MAS Heart Care & Multi Speciality Hospital

Aug 2021 - Oct 2021 (3 months)

*I was on the role of taking case histories of the patient, the file University advised each one of the students to prepare.

*I visited respiratory ward, general ward etc to meet the patients who is suffering from psychological problem like Anxiety, somatoform disorder, sometimes it is because of general medical conditions also and so on.

*Whole talking to the patient in taking the history, I was in need to cover every small details so that it could be easier for me to understand how this problem started.

Education



Guru Nanak Dev University, Amritsar

PG Diploma , Mental Health Counseling

Sep 2020 - Apr 2021



Banasthali Vidyapith

Master of Arts, Psychology

2018 - 2020



Banasthali Vidyapith

Bachelor of Arts , Psychology, economics, English

2015 - 2018



Modern School

12, Cmmerce with fine arts

2013 - 2015

Licenses & Certifications



Counseling Psychology Training Program - PsychThere

Issued Jun 2023 - Expires Aug 2023



Volunteer Specialist - Aatma Prakash

Issued Aug 2023 - Expires Sep 2023

Intern Member - Sanjivini Society for Mental Health

Issued Dec 2021 - Expires Feb 2022



Intern Member - Metro MAS Heart Care & Multi Speciality Hospital

Issued Aug 2021 - Expires Oct 2021

Skills

Research Skills • Communication • Teamwork • Art • Microsoft Office • Public Speaking • Art • Psychological Assessment • Positive Behavior Support